

IHA & IPQIC 10th Annual Perinatal Substance Use Conference

 **Forum Events Center**  **Sept. 3, 2026**  **9 a.m. - 3:10 p.m. ET**

Join your peers for a day focused exclusively on perinatal substance use and its significant impact on families, caregivers, and communities. This event is ideal for CMOs, CNOs, maternal and child health teams, neonatal teams, patient safety officers, risk managers, quality leaders, nursing caregivers and managers, case managers, care transition coordinators, social workers, and anyone involved in care for this vulnerable population. Team participation is encouraged.

8:30 - 9 ET	Registration
9 - 9:10	Welcome – Scott B. Tittle, IHA Dr. Emily Fitz, IDOH
9:10 - 10:50	Strengthening Recovery Capital in Clinical and Community Systems Dr. Malcolm Horn, Rimrock Foundation
10:50 - 11:15	Networking Break
11:15 - 12:15	Panel – Connecting Care, Community, and Recovery to Perinatal Substance Use Services Dr. Andrea Hoover, Parkview Jillian Welch, Parkview Dr. Mary Abernathy, Union Health Lived Experience Peer
12:15 - 1:15	Lunch and Exhibitor Networking Sponsored by USDTL
1:15 - 2	Fireside Chat – Caring for the Whole Person: A Holistic Approach to Health and Recovery Beyond the Screening Dr. Cara Berg Raunick, HCET Jeremy Roseberry, IDOH Ashli Smiley, IDOH Lived Experience Peer
2 - 2:10	Networking Break
2:10 - 3:10	Motivations for Change: The Human Brain and Receiving Treatment Dr. Kalyani Gopal, SAFE Coalition for Human Rights
3:10	Closing Remarks

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Welcome to the 10th Annual Perinatal Substance Use Conference

Scott B. Tittle, JD, President, Indiana Hospital Association

Emily Fitz, MD, FACEP, Chief Medical Officer, Indiana Department of Health



Scott B. Tittle



Dr. Emily Fitz



Strengthening Recovery Capital in Clinical and Community Systems

Keynote: Malcolm Horn, Ph.D., LCSW, MAC, SAP

Chief Behavioral Health Officer, Rimrock Foundation

Learning Objectives

- Define addiction and the role of recovery capital
- Understand the neuroscience of addiction and how substance use disorders develop
- Explore the clinical and financial value of investing in substance use disorder treatment
- Identify strategies to support patients across the continuum of care

Speaker Bio

Dr. Malcolm Horn received her Doctorate in Psychology, with a teaching emphasis, from Walden University. She is a Licensed Clinical Social Worker and is licensed by the state of Montana as an Addiction Counselor. She also had accreditation from NAADAC as a Masters Level Addiction Counselor (MAC) and a Substance Abuse Professional (SAP). She is the incoming President-Elect for NAADAC.

She currently works as the Chief Behavioral Health Officer for Rimrock Foundation, a CARF-Accredited co-occurring treatment facility that provides the full ASAM continuum of care in Billings, MT. She is responsible for ongoing training and education for clinical and support staff and supervises the mental health counseling team. Dr. Horn is passionate about changing systems to improve access to care and reduce the stigma that surrounds mental health and substance use disorders.

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Connecting Care, Community, & Recovery to Perinatal Substance Use Services

Panel: *Andrea Hoover, MD, Parkview Health | Jillian Welch BSN, RN, PMH-C, Parkview Health*
Mary Abernathy, MD, MBA, MS, Union Health | Lived Experience Peer

Learning Objectives

- Hear from the lived experience of an individual affected by substance use disorder
- Explore best practices for naloxone distribution to women with substance use disorder
- Understand successful integration and use of the CHAMP program
- Strengthen birthing facilities' capacity to support families through medication dispensing policies and legal considerations



Dr. Andrea Hoover



Jillian Welch



Dr. Mary Abernathy

Caring for the Whole Person: A Holistic Approach to Health & Recovery Beyond the Screening

Fireside Chat: *Cara Berg Raunick, NP, DNP, WHNP-BC, CSC, IF, Health Care Education & Training |*
Jeremy Roseberry, MA, IDOH | Ashli Smiley, BSN, RN, SANE-A, SANE-P, IDOH | Lived Experience Peer

Learning Objectives

- Compare personal and clinical perspectives on psychological and physical health and well-being
- Understand how psychological and physical memories influence patterns of behavior
- Identify strategies and resources to support holistic, whole-person care beyond screening



Dr. Cara Berg Raunick



Jeremy Roseberry



Ashli Smiley

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Motivations for Change: The Human Brain & Receiving Treatment

Keynote: Kalyani Gopal, PhD, HSPP
President, SAFE Coalition for Human Rights

Learning Objectives

- Understand the psychology of the brain and its role in treatment and therapy for pregnant and postpartum women
- Explore what motivates mothers and their families to remain engaged in care
- Identify therapy engagement strategies and motivational interviewing techniques that support recovery among pregnant and postpartum women
- Recognize ways to tailor therapy techniques to meet individual patient needs
- Practice motivational interviewing techniques through interactive roundtable discussions

Speaker Bio

The current president of the psychology coalition at the United Nation (PCUN), Dr. Kalyani Gopal is a distinguished clinical psychologist with over three decades of experience in addressing complex issues such as child sexual abuse, human trafficking, and labor trafficking. She is the founder of SAFE Coalition for Human Rights (SAFECHR), an initiative dedicated to supporting trauma patients and victims globally. Dr. Gopal is the first woman of color and Asian American to serve as President of the Illinois Psychological Association and Division 12 of the American Psychological Association.

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